



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Gerda Holla** (46y) 

has successfully competed in

**Open Dutch Championship / Green Heart Ice Swim**

Reeuwijkse Hout, Bodegraven-Reeuwijk

01-Feb-2020

**1000m Freestyle in 19:06.45 minutes**

Overall 2nd / Age Group (45-49y) 1st

Category Women


Open Water Course

Water 5.90°C, Wind Chill 8.50°C, 52.06° N

**N-ICE Swim (>5°C)**



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Ram Barkai  
IISA Chair

*Netherlands*  
*Chair & Board*



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