



× AMSTEL  
× ICE  
× SWIM

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**christof wandratsch** (53y) 

has successfully competed in  
**Amstel Ice Swim**

Amsterdam, The Amstel

28-Dec-2019

100m Freestyle in 01:19.80 minutes

Overall 1st / Age Group (50-54y) 1st

Category Men

Open Water Course

Water 5.30°C, Wind Chill -2.80°C, 52.29° N

N-ICE Swim (>5°C)



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

