



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Birna Hrönn Sigurjósðottir (47y)** 

has successfully competed in

**Amstel Ice Swim**

Amsterdam, The Amstel

28-Dec-2019

**500m Freestyle in 10:46.62 minutes**

Overall 9th / Age Group (45-49y) 3rd

Category Women

Open Water Course

Water 5.30°C, Wind Chill -2.80°C, 52.29° N

**N-ICE Swim (>5°C)**



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION