IISA ICE SWIMMING NETHERLANDS

AMSTEL ICE SWIM

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Theo van der Meer (54y)

has successfully competed in

Amstel Ice Swim

Amsterdam, The Amstel

28-Dec-2019

500m Freestyle in 11:21.27 minutes

Overall 13th / Age Group (50-54y) 6th

Category Men

Open Water Course

Water 5.30°C, Wind Chill -2.80°C, 52.29° N

N-ICE Swim (>5°C)

IISA INTERNATIONAL ICE SWIMMING ASSOCIATION

Ram Barkai
IISA Chair

Netherlands
Chair & Board

IISA ICE SWIMMING NETHERLANDS

INTERNATIONAL ICE SWIMMING ASSOCIATION