



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Gary Scott-Lloyd (62y) 

has successfully competed in
Amstel Ice Swim

Amsterdam, The Amstel
28-Dec-2019

500m Freestyle in 16:10.01 minutes

Overall 19th / Age Group (60-64y) 2nd
Category Men

Open Water Course

Water 5.30°C, Wind Chill -2.80°C, 52.29° N

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION