



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Götz Paschen (51y)** 

has successfully competed in  
**Amstel Ice Swim**

Amsterdam, The Amstel

28-Dec-2019

1000m Freestyle in 23:59.29 minutes

Overall 12th / Age Group (50-54y) 7th

Category Men

Open Water Course

Water 5.30°C, Wind Chill -2.80°C, 52.29° N

N-ICE Swim (>5°C)



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

