



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**frederic kocen (46y)** 

has successfully competed in  
French open Championships - Vichy

Vichy

01-Feb-2019

200m Freestyle in 02:34.04 minutes

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Overall 3rd / Age Group (45-49y) 1st

Category Men

Open Water Course

Water 4.80°C, Wind Chill 8.00°C, 46.13° N



  
**Ram Barkai**  
IISA Chair

*France*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION