



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Chun Kong Mak (33y)** 🇨🇰

has successfully competed in

**River Labe CZ 5th Anniversary Ice Swim**

Hradec Kralove CZ

01-Dec-2019

**1000m Freestyle in 16:06.00 minutes**

Overall 6th / Age Group (30-34y) 2nd  
Category Men

Open Water Course

Water 5.30°C, Wind Chill 0.70°C, 50.21° N

**N-ICE Swim (>5°C)**



*RB*  
**Ram Barkai**  
IISA Chair

*Czech Republic*  
Chair & Board

