



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jon Glover (21y)



has successfully competed in

IISA Ireland 1k National Championships

Wild Water Armagh 26-Jan-2019

50m Breaststroke in 00:44.93 minutes

Overall 1st / Age Group (18-24y) 1st Category Men

Open Water Course Water 4.90°C, Wind Chill 5.90°C, 54.35° N



Treland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION