



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Clare Murphy** (54y) 

has successfully competed in

**IISA Ireland 1k National Championships**

Wild Water Armagh

26-Jan-2019

100m Freestyle in 02:28.47 minutes


Overall 2nd / Age Group (55-59y) 1st

Category Women

Open Water Course

Water 4.90°C, Wind Chill 5.90°C, 54.35° N



  
**Ram Barkai**  
IISA Chair

*Ireland*  
*Chair & Board*

