



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Clare Murphy (54y) 

has successfully competed in
IISA Ireland 1k National Championships

Wild Water Armagh

26-Jan-2019

100m Freestyle in 02:28.47 minutes

Overall 2nd / Age Group (55-59y) 1st

Category Women

Open Water Course

Water 4.90°C, Wind Chill 5.90°C, 54.35° N



Ram Barkai
IISA Chair

Ireland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION