



50, 100, 200, 500 and 1.000 meter

For registration, check Facebook and IISA

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Els Wermenbol (64y)



has successfully competed in

Bodegraven Ice Swim

Reeuwijkse Hout, Bodegraven-Reeuwijk 02-Feb-2019

200m Freestyle in 04:35.82 minutes

Overall 2nd / Age Group (65-69y) 1st Category Women

Open Water Course Water 0.00°C, Wind Chill 0.00°C, 52.06° N



Netherlands Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION