



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Aleksandra BEDNAREK** (20y) 

has successfully competed in

Breast Stroke Polish Championships in Ice Swimming at the  
50-m pool  
Swietochlowice

01-Dec-2018

1000m Freestyle in 15:04.46 minutes

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Overall 2nd / Age Group (18-24y) 2nd

Category Women

Open Water Course

Water -0.02°C, Wind Chill -5.40°C, 50.30° N



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Ram Barkai  
IISA Chair

*Poland*  
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