



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

Els Wermenbol (64y)



has successfully competed in

Dutch open ice swimming Volendam

Zwembad De Waterdam Edam/Volendam 18-Jan-2019

500m Freestyle in 11:46.13 minutes

Overall 5th / Age Group (65-69y) 1st **Category Women** 

Open Water Course Water 3.70°C, Wind Chill -6.20°C, 52.51° N



Netherlands Chair & Board



TERNATIONAL ICE SWIMMING ASSOCIATION