



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Carsten Hilker (47y)** 

has successfully competed in

**Dutch open ice swimming Volendam**

Zwembad De Waterdam Edam/Volendam

18-Jan-2019

**500m Freestyle in 10:46.92 minutes**

Overall 12th / Age Group (45-49y) 4th

Category Men

Open Water Course

Water 3.70°C, Wind Chill -6.20°C, 52.51° N



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

