



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Carsten Hilker (47y)** 

has successfully competed in  
**Dutch open ice swimming Volendam**  
Zwembad De Waterdam Edam/Volendam  
18-Jan-2019

**500m Freestyle in 10:46.92 minutes**

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Overall 12th / Age Group (45-49y) 4th  
Category Men

Open Water Course

Water 3.70°C, Wind Chill -6.20°C, 52.51° N



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
Chair & Board

