CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jessica verstegen (37y)

has successfully competed in

Dutch open ice swimming Volendam

Zwembad De Waterdam Edam/Volendam

18-Jan-2019

500m Freestyle in 11:00.63 minutes

Overall 4th / Age Group (35-39y) 1st

Category Women

Open Water Course

Water 3.70°C, Wind Chill -6.20°C, 52.51° N

Ram Barkai
IISA Chair

Netherlands
Chair & Board

INTERNATIONAL ICE SWIMMING ASSOCIATION