



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jan Willem Zuilhof (57y) 

has successfully competed in
Dutch open ice swimming Volendam
Zwembad De Waterdam Edam/Volendam
18-Jan-2019

500m Freestyle in 09:54.74 minutes

Overall 11th / Age Group (55-59y) 2nd
Category Men

Open Water Course

Water 3.70°C, Wind Chill -6.20°C, 52.51° N




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION