



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Theo van der Meer (53y) 

has successfully competed in

Dutch open ice swimming Volendam

Zwembad De Waterdam Edam/Volendam

18-Jan-2019

Ice Mile in 31:48.37 minutes

Overall 7th / Age Group (50-54y) 2nd
Category Men

Open Water Course

Water 3.70°C, Wind Chill -6.20°C, 52.51° N




Ram Barkai
IISA Chair

Netherlands
Chair & Board

