



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Conny Prasser (43y)** 

has successfully competed in  
**Austrian Ice Swimming Championships**

Altenwörth

16-Feb-2019

**1000m Freestyle in 16:08.94 minutes**

Overall 2nd / Age Group (40-44y) 2nd

Category Women

Open Water Course

Water 3.60°C, Wind Chill 8.00°C, 48.39° N



  
**Ram Barkai**  
IISA Chair

*Austria*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION