



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Richard Nyary (42y) 

has successfully competed in
Austrian Ice Swimming Championships

Altenwörth

16-Feb-2019

1000m Freestyle in 14:46.34 minutes

Overall 2nd / Age Group (40-44y) 1st

Category Men

Open Water Course

Water 3.60°C, Wind Chill 8.00°C, 48.39° N




Ram Barkai
IISA Chair

Austria
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION