



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ram Barkai (55y) 

has successfully competed in
Tyumen ice swimming

Tyumen russia
16-Dec-2012

1000m Freestyle in 16:59.00 minutes

Overall 3rd / Age Group (55-59y) 1st


WORLD RECORD - AGE GROUP

Category Men

Open Water Course

Water 0.00°C, Wind Chill -33.00°C, 57.16° N




Ram Barkai
IISA Chair

Russian Federation
Chair & Board

