





CERTIFICATE OF ACHIEVEMENT

This is to certify that

Raphael Yakupov (70y)



has successfully competed in

IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, semyonovskoe lake, Russia 14-Mar-2019

50m Breaststroke in 00:54.42 minutes

Overall 25th / Age Group (70-74y) 3rd Category Men

Open Water Course Water 0.00°C, Wind Chill -6.30°C, 68.97° N



Russian Federation Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION