



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Kathrin Runge** (49y) 

has successfully competed in  
IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, seymonovskoe lake, Russia

14-Mar-2019

50m Breaststroke in 00:56.32 minutes

Overall 18th / Age Group (50-54y) 5th

Category Women

Open Water Course

Water 0.00°C, Wind Chill -6.30°C, 68.97° N



Ram Barkai  
IISA Chair

*Russian Federation*  
*Chair & Board*

