

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Chun Kong Mak (32y) 🌆

has successfully competed in

## IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, semyonovskoe lake, Russia 14-Mar-2019

50m Freestyle in 00:31.48 minutes

Overall 13th / Age Group (30-34y) 2nd

## Category Men

Open Water Course Water 0.00°C, Wind Chill -6.30°C, 68.97° N



Ram Barkai

**IISA** Chair

Russian Federation Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION