



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Larisa Kharitonova (55y) 🚃

has successfully competed in

## IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, semyonovskoe lake, Russia 14-Mar-2019

## 50m Freestyle in 00:54.85 minutes

- Overall 28th / Age Group (55-59y) 1st
  - WORLD RECORD AGE GROUP

WORLD CHAMPION - AGE GROUP

Category Women

Open Water Course Water 0.00°C, Wind Chill -6.30°C, 68.97° N

IS



Russian Federation Chair & Board



Ram Barkai IISA Chair

INTERNATIONAL ICE SWIMMING ASSOCIATION