





## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Dmitry Vakhrushev (47y)



has successfully competed in

IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, semyonovskoe lake, Russia 14-Mar-2019

200m Freestyle in 03:49.38 minutes

Overall 20th / Age Group (45-49y) 5th Category Men

Open Water Course Water 0.00°C, Wind Chill -6.30°C, 68.97° N



Russian Federation Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION