



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Tomasz Lutkowski (43y) 🛏

has successfully competed in

IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, semyonovskoe lake, Russia 14-Mar-2019

200m Freestyle in 02:45.31 minutes

Overall 9th / Age Group (40-44y) 2nd

Category Men

Open Water Course Water 0.00°C, Wind Chill -6.30°C, 68.97° N



Ram Barkai

IISA Chair

Russian Federation Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION