





CERTIFICATE OF ACHIEVEMENT

This is to certify that

Julie-Ann O'Donovan (40y)



has successfully competed in

IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, semyonovskoe lake, Russia 14-Mar-2019

500m Freestyle in 09:47.03 minutes

Overall 10th / Age Group (40-44y) 1st

WORLD CHAMPION - AGE GROUP

Category Women

Open Water Course

Water 0.00°C, Wind Chill -6.30°C, 68.97° N



Russian Federation Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION