



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

## john myatt (47y) 😹

has successfully competed in

#### IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, semyonovskoe lake, Russia 14-Mar-2019

### 1000m Freestyle in 15:23.22 minutes

#### Overall 16th / Age Group (45-49y) 1st

WORLD CHAMPION - AGE GROUP

Category Men

Open Water Course

Water 0.00°C, Wind Chill -6.30°C, 68.97° N



Russian Federation Chair & Board



Ram Barkai IISA Chair

INTERNATIONAL ICE SWIMMING ASSOCIATION