





CERTIFICATE OF ACHIEVEMENT

This is to certify that

Samantha Whelpton (33y)



has successfully competed in

IISA III World Champ Murmansk 2019 / I Arctic Cup 2019

murmansk, semyonovskoe lake, Russia 14-Mar-2019

1000m Freestyle in 16:50.06 minutes

Overall 16th / Age Group (30-34y) 3rd **Category Women**

Open Water Course Water 0.00°C, Wind Chill -6.30°C, 68.97° N



Russian Federation Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION