



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Carsten Hilker (47y) 

has successfully competed in
internationale Norddeutsche Eisschwimmmeisterschaften

Silbersee Langenhagen

07-Dec-2018

200m Freestyle in 05:23.62 minutes

Overall 2nd / Age Group (45-49y) 1st

Category Men

Open Water Course

Water 0.00°C, Wind Chill 0.00°C, 52.43° N



Ram Barkai
IISA Chair

Germany
Chair & Board

