

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

Duncan Marlow (43y)

has successfully competed in

IISA GB Championships 2019

Hatfield Outdoor Activity Centre 05-Jan-2019

100m Freestyle in 01:33.87 minutes

Overall 9th / Age Group (40-44y) 2nd Category Men

Open Water Course
Water 5.50°C, Wind Chill 4.50°C, 53.58° N
N-ICE Swim (>5°C)



Great Britain Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION