



CERTIFICATE OF ACHIEVEMENT

This is to certify that

David Barlow (57y) 

has successfully competed in

IISA GB Championships 2019

Hatfield Outdoor Activity Centre

05-Jan-2019

100m Freestyle in 02:13.78 minutes


Overall 11th / Age Group (55-59y) 4th
Category Men

Open Water Course

Water 5.50°C, Wind Chill 4.50°C, 53.58° N

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Great Britain
Chair & Board

