



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Duncan Marlow** (43y) 

has successfully competed in

**IISA GB Championships 2019**

Hatfield Outdoor Activity Centre

05-Jan-2019

**200m Freestyle in 04:29.44 minutes**

Overall 6th / Age Group (40-44y) 2nd  
Category Men

Open Water Course

Water 5.50°C, Wind Chill 4.50°C, 53.58° N

**N-ICE Swim (>5°C)**

**IISA**  
INTERNATIONAL  
ICE SWIMMING  
ASSOCIATION



Ram Barkai  
IISA Chair

*Great Britain*  
Chair & Board

