



CERTIFICATE OF ACHIEVEMENT

This is to certify that

David Barlow (57y) 

has successfully competed in
IISA GB Championships 2019

Hatfield Outdoor Activity Centre

05-Jan-2019

1000m Freestyle in 29:56.00 minutes

Overall 20th / Age Group (55-59y) 3rd

Category Men

Certified Pool Course

Water 5.50°C, Wind Chill 4.50°C, 53.58° N

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Great Britain
Chair & Board

