



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Donald McDonald** (53y) 

has successfully competed in  
**IISA GB Championships 2019**

Hatfield Outdoor Activity Centre

05-Jan-2019

**1000m Freestyle in 18:38.00 minutes**

---

Overall 9th / Age Group (50-54y) 1st

Category Men

Certified Pool Course

Water 5.50°C, Wind Chill 4.50°C, 53.58° N

**N-ICE Swim (>5°C)**



  
**Ram Barkai**  
IISA Chair

*Great Britain*  
*Chair & Board*

