



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ailén Lascano Micaz (27y) 🔤

has successfully competed in

Ice Swimming Aqua Sphere German Open

Veitsbronn 04-Jan-2019

50m Breaststroke in 00:50.73 minutes

Overall 4th / Age Group (25-29y) 1st

WORLD RECORD - AGE GROUP

Category Women

Open Water Course

Water 1.40°C, Wind Chill 2.00°C, 49.51° N



Ram Barkai

Germany Chair & Board



IISA Chair

INTERNATIONAL ICE SWIMMING ASSOCIATION