



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ralf Jänike (40y) 

has successfully competed in
Ice Swimming Aqua Sphere German Open

Veitsbronn
04-Jan-2019

200m Freestyle in 03:32.60 minutes

Overall 10th / Age Group (40-44y) 1st
Category Men

Open Water Course

Water 1.40°C, Wind Chill 2.00°C, 49.51° N




Ram Barkai
IISA Chair

Germany
Chair & Board

