



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

Jörg Selbmann (47y)



has successfully competed in Ice Swimming Aqua Sphere German Open

> Veitsbronn 04-Jan-2019

200m Freestyle in 02:45.00 minutes

Overall 5th / Age Group (45-49y) 2nd Category Men

Open Water Course Water 1.40°C, Wind Chill 2.00°C, 49.51° N



Germany Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION