



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Chun Kong Mak (32y)**

has successfully competed in  
**Ice Swimming Aqua Sphere German Open**

Veitsbronn  
04-Jan-2019

**200m Freestyle in 02:43.60 minutes**

Overall 3rd / Age Group (30-34y) 1st

**WORLD RECORD - AGE GROUP**

Category Men

Open Water Course

Water 1.40°C, Wind Chill 2.00°C, 49.51° N



**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*

