



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Franz Herbst (62y) 

has successfully competed in

Ice Swimming Aqua Sphere German Open

Veitsbronn

04-Jan-2019

500m Freestyle in 08:38.80 minutes

Overall 9th / Age Group (60-64y) 1st
Category Men

Open Water Course

Water 1.40°C, Wind Chill 2.00°C, 49.51° N




Ram Barkai
IISA Chair

Germany
Chair & Board

