IISA
INTERNATIONAL ICE SWIMMING ASSOCIATION
GERMANY



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ulf Karnikowski (33y)

has successfully competed in

Ice Swimming Aqua Sphere German Open

Veitsbronn

04-Jan-2019

500m Freestyle in 07:42.60 minutes

Overall 6th / Age Group (30-34y) 1st

WORLD RECORD - AGE GROUP

Category Men

Open Water Course

Water 1.40°C, Wind Chill 2.00°C, 49.51° N

IISA
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RB

Ram Barkai
IISA Chair

Germany
Chair & Board

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