



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Stefan Runge (51y) 

has successfully competed in
Ice Swimming Aqua Sphere German Open

Veitsbronn
04-Jan-2019

1000m Freestyle in 14:08.05 minutes

Overall 4th / Age Group (50-54y) 2nd
Category Men

Open Water Course

Water 1.40°C, Wind Chill 2.00°C, 49.51° N




Ram Barkai
IISA Chair

Germany
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION