



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Irene van der Laan (58y) 

has successfully competed in
Ice Swimming Aqua Sphere German Open

Veitsbronn

04-Jan-2019

1000m Freestyle in 17:06.70 minutes

Overall 11th / Age Group (55-59y) 1st

Category Women

Open Water Course

Water 1.40°C, Wind Chill 2.00°C, 49.51° N



Ram Barkai
IISA Chair

Germany
Chair & Board

