



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Martina Kopecká** (46y) 

has successfully competed in  
Polish Championship In Ice Swimming

Katowice

12-Jan-2019

200m Freestyle in 07:09.00 minutes

Overall 4th / Age Group (45-49y) 1st

Category Women

Open Water Course

Water 0.60°C, Wind Chill -4.60°C, 50.26° N



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION