



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Kmil Janicki (37y)** 

has successfully competed in  
**Polish Championship In Ice Swimming**

Katowice

12-Jan-2019

**200m Freestyle in 04:31.00 minutes**

---

**Overall 1st / Age Group (35-39y) 1st**

**Category Men**

**Open Water Course**

**Water 0.60°C, Wind Chill -4.60°C, 50.26° N**



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION