



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Rafał Miszkiniuk (36y) 

has successfully competed in
Polish Championship In Ice Swimming

Katowice

12-Jan-2019

500m Freestyle in 13:16.00 minutes

Overall 15th / Age Group (35-39y) 5th

Category Men

Open Water Course

Water 0.60°C, Wind Chill -4.60°C, 50.26° N




Ram Barkai
IISA Chair

Poland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION