



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Michał Stefaniak** (39y) 

has successfully competed in  
**Polish Championship In Ice Swimming**

Katowice

12-Jan-2019

500m Freestyle in 08:33.00 minutes

Overall 3rd / Age Group (40-44y) 2nd  
Category Men

Open Water Course

Water 0.60°C, Wind Chill -4.60°C, 50.26° N



**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*

