



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Sven Elfferich** (17y) 

has successfully competed in  
**Polish Championship In Ice Swimming**

Katowice

12-Jan-2019


1000m Freestyle in 14:45.00 minutes

Overall 1st / Age Group (18-24y) 1st  
Category Men

Open Water Course

Water 0.60°C, Wind Chill -4.60°C



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*

