



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

Christa Smit (33y) **>=** 



has successfully competed in

Lesotho Ice Swimming 2018

afriski, Lesotho, Africa 14-Jun-2018

500m Freestyle in 13:42.77 minutes

Overall 4th / Age Group (30-34y) 1st **Category Women** 

Open Water Course Water 3.00°C, Wind Chill 5.00°C, 29.61° S



South Africa Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION