



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Samantha Whelpton (32y)** 

has successfully competed in

**Lesotho Ice Swimming 2018**

afriski, Lesotho, Africa

14-Jun-2018

1000m Freestyle in 14:44.96 minutes

Overall 1st / Age Group (30-34y) 1st

Category Women

Open Water Course

Water 3.00°C, Wind Chill 5.00°C, 29.61° S



Ram Barkai  
IISA Chair

*South Africa*  
*Chair & Board*

